



**BREZTRI**  
AEROSPHERE™

(budesonide, glycopyrrolate,  
and formoterol fumarate)  
Inhalation Aerosol

# IT'S TIME TO GET REAL ABOUT COPD

## ASK YOUR DOCTOR HOW BREZTRI CAN HELP

**If you have COPD, a conversation with your doctor about your bad days—your flare-ups or worsening symptoms—to get real about COPD protection.** All you need to do is print or download this form and use it as a guide at your next doctor's visit to help get the conversation started.

**On an average day, how would you describe your breathing? Check all that apply.**

- I become short of breath after mild activity, such as walking up the stairs
- I have to stop frequently when walking to catch my breath
- My breathing keeps me from doing much physical activity
- Other

**Which symptoms do you experience more than usual? Check all that apply.**

- Coughing
- Shortness of breath
- Increased mucus/phlegm
- Chest tightness
- Wheezing
- Fatigue
- Other

**In what ways are your symptoms interfering with your daily life? Check all that apply.**

- I can't fully care for myself
- I have to miss work
- Emotionally, it's taking a toll on me
- I have to cancel plans often
- I have to limit my physical activity
- Other
- I have to change my routine

### DID YOU KNOW?

A COPD **flare-up** is a sudden worsening of symptoms for more than 24 hours that results in additional therapy.

**If you've experienced this, it's time to talk to your doctor about BREZTRI.**

### APPROVED USE

BREZTRI AEROSPHERE is a medicine used long term to treat chronic obstructive pulmonary disease (COPD), including chronic bronchitis, emphysema, or both, for better breathing and fewer flare-ups.

**BREZTRI is not used to relieve sudden breathing problems and will not replace a rescue inhaler. BREZTRI is not for the treatment of asthma.**

### IMPORTANT SAFETY INFORMATION

- **BREZTRI** combines 3 medicines, an inhaled corticosteroid (ICS) medicine (budesonide), an anticholinergic medicine (glycopyrrolate), and a long-acting beta<sub>2</sub>-adrenergic agonist (LABA) medicine (formoterol fumarate). LABA medicines, such as formoterol fumarate, when used alone can increase the risk of hospitalizations and death from asthma problems. When an ICS and LABA are used together, this risk is **not** significantly increased
- **Do not use BREZTRI** if you are allergic to budesonide, glycopyrrolate, formoterol fumarate, or any of the ingredients in BREZTRI
- **Do not take BREZTRI with other medicines that contain a long-acting beta<sub>2</sub>-adrenergic agonist (LABA) or an anticholinergic for any reason.** Tell your healthcare provider about all your medical conditions and about all the medicines you take

**Please see additional Important Safety Information throughout and see full [Prescribing Information](#), including [Patient Information](#) and discuss with your doctor.**

### Have you experienced any of the following?

- I have taken oral steroids/antibiotics for my moderate COPD flare-ups.  
If so, how often in the past year?
- Once                       Twice                       Three or more times
- I have been to the hospital or emergency room due to a severe COPD flare-up.  
If so, how often in the past year?
- Once                       Twice                       Three or more times
- I have not experienced either

### DID YOU KNOW?

Even a **single flare-up** may permanently **damage your lungs.**

**Your lungs deserve protection from COPD flare-ups. Ask your doctor how BREZTRI can help.**

### What do you want from your COPD medication?

- Better breathing                       Flare-up protection
- Symptom improvement                       All of the above

Your results may vary



### PROTECTING YOUR LUNGS FROM COPD FLARE-UPS IS VITAL

because even a single flare-up may cause permanent damage. Talking to your doctor about your COPD should never wait—it's time to get real about COPD protection.

# ASK YOUR DOCTOR HOW 3-IN-1 BREZTRI CAN HELP PROTECT YOU

### IMPORTANT SAFETY INFORMATION (CONT'D)

- BREZTRI should be taken as 2 puffs, 2 times each day. **Do not use BREZTRI more often than prescribed**
- **Call your healthcare provider or get medical care right away** if your breathing problems get worse, if you need to use your rescue inhaler more often than usual, or your rescue inhaler does not work as well to relieve your symptoms
- **BREZTRI can cause serious side effects, including:**
  - **Fungal infection in your mouth or throat (thrush).** Rinse your mouth with water without swallowing after using BREZTRI to help reduce your chance of getting thrush
  - **Pneumonia.** People with COPD have a higher chance of getting pneumonia. Call your healthcare provider if you notice an increase in mucus (sputum) production or change in mucus color, fever, chills, increased cough, or increased breathing problems
  - **Weakened immune system and increased chance of getting infections (immunosuppression)**
  - **Reduced adrenal function (adrenal insufficiency).** This can happen when you stop taking oral corticosteroid medicines and start inhaled corticosteroid medicine

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## IMPORTANT SAFETY INFORMATION (CONT'D)

- **BREZTRI can cause serious side effects, including:**
  - **Sudden breathing problems immediately after inhaling BREZTRI.** If this happens, stop taking BREZTRI and call your healthcare provider right away
  - **Serious allergic reactions.** Call your healthcare provider or get emergency medical care if you get any of the following symptoms: rash; hives; swelling of your face, mouth, and tongue; or breathing problems
  - **Effects on your heart** such as increased blood pressure, a fast or irregular heartbeat, or chest pain
  - **Effects on your nervous system** such as tremor or nervousness
  - **Bone thinning or weakness (osteoporosis)**
  - **Acute narrow-angle glaucoma and cataracts.** If you have new or worsening eye or vision problems, call your healthcare provider right away before taking another dose
  - **Urinary retention.** If you have new or worsening symptoms or difficulty urinating, stop taking BREZTRI and call your healthcare provider right away before taking another dose
  - **Changes in laboratory blood values,** including high levels of blood sugar (hyperglycemia) and low levels of potassium (hypokalemia). Low levels of potassium may cause symptoms of muscle spasm, muscle weakness, or abnormal heart rhythm
- **Most common side effects include:** upper respiratory tract infection, pneumonia, hoarseness, back pain, thrush in your mouth and throat, flu, muscle spasms, urinary tract infection, cough, inflammation of the sinuses, and diarrhea

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You may report side effects related to AstraZeneca products by clicking [here](#).



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