

FOR COPD

TALK TO YOUR DOCTOR ABOUT BREZTRI



BREZTRI
AEROSPHERE®
(budesonide 160 mcg, glycopyrrolate
9 mcg and formoterol fumarate
4.8 mcg) Inhalation Aerosol

If your COPD has been causing bad days—days when your symptoms flare up and are worse—it's time to ask your doctor about better breathing, symptom improvement, and help with preventing flare-ups. This Doctor Discussion Guide is a good way to help get the conversation with your doctor started. Simply print or download this guide, answer a few questions, and take it with you to your appointment.

On an average day, how would you describe your breathing? Check all that apply.

- ☐ I become short of breath after mild activity, such as walking up the stairs
- ☐ I have to stop frequently when walking to catch my breath
- ☐ My breathing keeps me from doing much physical activity
- ☐ Others

Which symptoms do you experience more than usual? Check all that apply.

- ☐ Coughing
- ☐ Chest tightness
- ☐ Fatigue
- ☐ Shortness of breath
- ☐ Wheezing
- ☐ Other
- ☐ Increased mucus/phlegm

DID YOU KNOW?

BREZTRI was proven to improve lung function, starting within 5 minutes.*



*Results may vary.
Not a rescue inhaler.

In what ways are your symptoms interfering with your daily life? Check all that apply.

- ☐ I can't fully care for myself
- ☐ I have to miss work
- ☐ Emotionally, it's taking a toll on me
- ☐ I have to cancel plans often
- ☐ I have to limit my physical activity
- ☐ Other
- ☐ I have to change my routine

APPROVED USE

BREZTRI AEROSPHERE 160/9/4.8 mcg is a medicine used long term to treat chronic obstructive pulmonary disease (COPD) in adults, including chronic bronchitis, emphysema, or both, for better breathing and fewer flare-ups.

BREZTRI is not used to relieve sudden breathing problems and will not replace a rescue inhaler.

IMPORTANT SAFETY INFORMATION

- **BREZTRI** combines 3 medicines, an inhaled corticosteroid (ICS) medicine (budesonide), an anticholinergic medicine (glycopyrrolate), and a long-acting beta₂-adrenergic agonist (LABA) medicine (formoterol fumarate). LABA medicines, such as formoterol fumarate, when used alone can increase the risk of hospitalizations and death from asthma problems. When an ICS and LABA are used together, this risk is **not** significantly increased
- **Do not use BREZTRI** to treat sudden severe symptoms of COPD or asthma, or if you are allergic to budesonide, glycopyrrolate, formoterol fumarate, or any of the ingredients in BREZTRI
- **Do not take BREZTRI with other medicines that contain a long-acting beta₂-adrenergic agonist (LABA) or an anticholinergic for any reason.** Tell your healthcare provider about all your medical conditions and about all the medicines you take
- **Do not use BREZTRI more than prescribed**

Please see additional Important Safety Information throughout and see full [Prescribing Information](#), including [Patient Information](#).

Have you experienced any of the following?

- ☐ I have taken oral steroids/antibiotics for my moderate COPD flare-ups.
If so, how often in the past year?
- ☐ Once ☐ Twice ☐ Three or more times
- ☐ I have been to the hospital or emergency room due to a severe COPD flare-up.
If so, how often in the past year?
- ☐ Once ☐ Twice ☐ Three or more times
- ☐ I have not experienced either

What do you want from your COPD medication?

- ☐ Better breathing ☐ Flare-up protection
- ☐ Symptom improvement ☐ All of the above

Your results may vary.

DID YOU KNOW?

A single flare-up can cause permanent lung damage.

Ask your doctor how **BREZTRI** can help prevent flare-ups.



Results may vary.
Not a rescue inhaler.



BREZTRI CAN*:

- Give you better breathing
- Improve your COPD symptoms
- Help prevent flare-ups

*Results may vary.

ASK YOUR
DOCTOR
ABOUT
BREZTRI

IMPORTANT SAFETY INFORMATION (CONTINUED)

- **Call your healthcare provider or get medical care right away** if your breathing problems get worse, if you need to use your rescue inhaler more often than usual, or your rescue inhaler does not work as well to relieve your symptoms
- **BREZTRI can cause serious side effects, including:**
 - **Fungal infection in your mouth or throat (thrush).** Rinse your mouth with water without swallowing after using BREZTRI to help reduce your chance of getting thrush
 - **Pneumonia.** People with COPD have a higher chance of getting pneumonia. Call your healthcare provider if you notice an increase in mucus (sputum) production or change in mucus color, fever, chills, increased cough, or increased breathing problems
 - **Weakened immune system and increased chance of getting infections (immunosuppression)**
 - **Reduced adrenal function (adrenal insufficiency).** This can happen when you stop taking oral corticosteroid medicines and start inhaled corticosteroid medicine
 - **Sudden breathing problems immediately after inhaling BREZTRI.** If this happens, stop taking BREZTRI and call your healthcare provider right away

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NOTES:

IMPORTANT SAFETY INFORMATION (CONTINUED)

- **BREZTRI can cause serious side effects, including (continued):**
 - **Serious allergic reactions.** Call your healthcare provider or get emergency medical care if you get any of the following symptoms: rash; hives; swelling of your face, mouth, and tongue; or breathing problems
 - **Effects on your heart** such as increased blood pressure, a fast or irregular heartbeat, or chest pain
 - **Effects on your nervous system** such as tremor or nervousness
 - **Bone thinning or weakness (osteoporosis)**
 - **Slowed growth in children.** A child's growth should be checked regularly while using BREZTRI
 - **Acute narrow-angle glaucoma and cataracts.** If you have new or worsening eye or vision problems, call your healthcare provider right away before taking another dose
 - **Urinary retention.** If you have new or worsening symptoms or difficulty urinating, stop taking BREZTRI and call your healthcare provider right away before taking another dose
 - **Changes in laboratory blood values,** including high levels of blood sugar (hyperglycemia) and low levels of potassium (hypokalemia). Low levels of potassium may cause symptoms of muscle spasm, muscle weakness, or abnormal heart rhythm
- **Most common side effects include:** upper respiratory tract infection, pneumonia, back pain, thrush in your mouth and throat, joint pain, flu, headache, high blood sugar levels, muscle spasms, cough, inflammation of the sinuses, diarrhea, hoarseness, urinary tract infection, nausea, difficulty sleeping, feeling anxious and heart palpitations

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You may [report side effects related to AstraZeneca products](#).



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